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For Immediate Release
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**RELIENT K ASCENDS WITH *FORGET AND NOT SLOW DOWN*
CLAIMING THE NO. 1 SPOT ON CHRISTIAN SOUNDSCAN,
NO. 15 POSITION ON THE BILLBOARD TOP 200 WHILE PEAKING AT
NO. 3 ON THE iTunes ® OVERALL ALBUM CHART**

Nashville, Tenn. Oct. 14, 2009... The latest from the GRAMMY ® nominated Relient K, *Forget and Not Slow Down*, has proven to be a fan favorite landing in No. 1 at Christian soundscan, No. 15 on Billboard Top 200 and garnering as high as the No. 3 spot on the iTunes ® Overall Album chart selling more than 33,000 units.

The band teamed up with longtime producer Mark Townsend, and enlisted legendary mixer Andy Wallace (Nirvana, Jeff Buckley, Sheryl Crow) for their latest release on the band's newly revived record label, Mono Vs. Stereo, in conjunction with JIVE Records.

Relient K also embarked on "A Three Hour Tour" with Copeland and Barcelona earlier this month, which has already seen sold out tour dates. Remaining tour dates are listed below. They will also hit the road for TobyMac's Winter Wonder Slam tour on November 19, dates for which are also listed.

Relient K has been making the real thing since 1997, when Thiessen and Hoopes formed the band in high school. In the decade since, they've released five full-length albums (three are certified Gold), five EPs and a Christmas record. They have toured the globe, and racked up several hit singles, a Grammy nomination, two Dove Awards and

performances on The Tonight Show with Jay Leno, Late Night with Conan O' Brien and Jimmy Kimmel Live. The Los Angeles Times has praised Relient K for "its smart blend of punk pop and power pop, weaving together influences as diverse as the Beach Boys, Blink-182 and Fountains of Wayne" while Spin noted, "Few bands play punk-influenced modern rock as proficiently."

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www.relientk.com
 www.myspace.com/relientk
 www.twitter.com/relientk

"A Three Hour Tour" schedule

* all dates subject to change, please visit www.relientk.com for most updated information

10/14	Minneapolis, MN	The Cabooze
10/15	Kansas City, MO	Beaumont Club
10/16	Denver, CO	Ogden Theatre
10/19	Dallas, TX	Palladium Showroom
10/20	Houston, TX	Warehouse Live
10/21	Midwest City, OK	Rose State College
10/22	Tulsa, OK	Cain's Ballroom
10/23	Des Moines, IA	People's Court
10/24	St. Louis, MO	The Pageant

WINTER WONDER SLAM:

November 19	7pm	University Park, PA	Bryce Jordan Center
November 20	7:30pm	New York, NY	Hammerstein Ballroom
November 21	6pm	Fairfax, VA	Patriot Center
November 22	6pm	Pittsburgh, PA	Mellon Arena
November 28	6pm	Jonesboro, AR	ASU Convocation Center
November 29	6pm	Louisville, KY	Broadbent Arena
December 8	7pm	Boise, ID	Idaho Center
December 10	7pm	Spokane, WA	Spokane Arena
December 11	7pm	Abbotsford, BC	A.E.S.C
December 12	6pm	Kent, WA	ShoWare Center
December 13	6pm	Salem, OR	OSF Pavilion
December 15	7pm	Sacramento, CA	tba
December 17	7pm	Fresno, CA	Selland Arena
December 18	7pm	Las Vegas, NV	Orleans Arena
December 19	6pm	Ontario, CA	Citizens Bank Arena
December 20	6pm	Phoenix, AZ	US Airways Arena